

Physical Health (Disease – BC-Specific)

Menopausal symptoms and breast cancer

Breast cancer in younger women

Family history, genes and breast cancer

Ask about cancer treatment

Coping with fatigue with and after cancer (no titles)

Title	Author	Call Number	Overdrive
The New Generation Breast Cancer Book	Dr. Elisa Port	616.99449 POR -[HEA]	https://nlb.overdrive.com/media/2166494
Living Through Breast Cancer	Carolyn M. Kaelin and Francesca Coltrera	-	https://nlb.overdrive.com/media/74459
The Breast Cancer Companion	Nancy Sokolowski and Valerie Rossi	-	https://nlb.overdrive.com/media/469792
The Breast Cancer Survival Manual	John Link, M.D.	616.99449 LIN -[HEA]	https://nlb.overdrive.com/media/845240
Moving Through Cancer (Audiobook)	Dr. Kathryn Schmitz	-	https://nlb.overdrive.com/media/6384169
医路同行 - 乳腺癌患者康复笔记	重生	-	https://nlb.overdrive.com/media/6218923
癌症康复	罗素霞	-	https://nlb.overdrive.com/media/5511508

Breast prostheses, bras and clothes after surgery

Title	Author	Call Number	Overdrive
Breast Cancer Surgery and Reconstruction.	Patricia Anstett	618.19059 ANS -[HEA]	https://nlb.overdrive.com/media/2671767
Life Reconstructed	Kim Harms	-	https://nlb.overdrive.com/media/6157788

Physical Health (Nutrition)

Eating problems and cancer (cancer generic)

Recipes for people affected by cancer, eating problems and cancer, healthy eating and cancer

Title	Author	Call Number	Overdrive
Fix-It and Forget-It Pink Cookbook	Phyllis Pellman Good	-	https://nlb.overdrive.com/media/1068013
The Cancer-Fighting Kitchen, Second Edition	Rebecca Katz and Mat Edelson	-	https://nlb.overdrive.com/media/2914973
The Back in the Swing Cookbook	Barbara C. Unell and Judith Fertig	641.563 UNE -[COO]	https://nlb.overdrive.com/media/1009281
The Pink Ribbon Diet	Mary Flynn and Nancy Verde Barr	-	https://nlb.overdrive.com/media/468529
The Cancer Lifeline Cookbook	Kimberly Mathai and Ginny Smith	-	https://nlb.overdrive.com/media/391510
One Bite at a Time, Revised	Rebecca Katz and Mat Edelson	-	https://nlb.overdrive.com/media/508382
癌症用药与配餐	王杨	-	https://nlb.overdrive.com/media/7383799
福田式宽松生酮减糖抗癌蔬菜汤：蔬菜植化素+低糖质的力量，轻松预防，击退癌症！	福田一典	641.813 FTS -[COO]	-

Physical activity and cancer

Title	Author	Call Number	Overdrive
Pilates for Breast Cancer Survivors	Naomi Aaronson and Ann Marie Turo	616.99449 AAR -[HEA]	https://nlb.overdrive.com/media/1954490
The Breast Cancer Survivor's Fitness Plan	Carolyn M. Kaelin	-	https://nlb.overdrive.com/media/671805
Yoga for Cancer	Tari Prinster	616.994062 PRI -[HEA] /	https://nlb.overdrive.com/media/2066849

Emotional Health/Support (Memoirs)

Title	Author	Call Number	Overdrive
Bald Is Better with Earrings	Andrea Hutton	616.99449 HUT -[HEA]	https://nlb.overdrive.com/media/1985985
Beat Breast Cancer Like a Boss (audiobook)	Ali Rogin	-	https://nlb.overdrive.com/media/6245911
Better	Amy Robach	-	https://nlb.overdrive.com/media/2174589
Chicken Soup for the Breast Cancer Survivor's Soul	Jack Canfield and Mark Victor Hansen	616.99449 CHI -[HEA]	https://nlb.overdrive.com/media/1027198
The Healthy Girls Guide to Breast Cancer (audiobook)	Christine Egan	-	https://nlb.overdrive.com/media/3015452
I Am Not My Breast Cancer	Ruth Peltason	-	https://nlb.overdrive.com/media/155611
Let Me Get This Off My Chest	Margaret Lesh	-	https://nlb.overdrive.com/media/3865838
Twisting Fate	Pamela Munster	-	https://nlb.overdrive.com/media/3864825
Thanks for the Mammogram!	Laura Jensen Walker	-	https://nlb.overdrive.com/media/5668522
Everybody's Got Something	Robin Roberts	362.196994 ROB -[HEA]	https://nlb.overdrive.com/media/1371466
This Is Cancer (audiobook)	Laura Holmes Haddad	-	https://nlb.overdrive.com/media/2955640
癌症是这样治愈的	石智勇	-	https://nlb.overdrive.com/media/4359478
30 岁的礼物：谢谢癌症，让我更勇敢	吴媞翎	616.9940092 WYL - [HEA]	-

Body image and cancer (cancer generic)

Your body, intimacy and sex (cancer generic)

Living with lymphoedema after breast cancer

Title	Author	Call Number	Overdrive
Pretty Sick	Caitlin M. Kiernan	-	https://nlb.overdrive.com/media/3091255

Post-Cancer

Title	Author	Call Number	Overdrive
Living Beyond Breast Cancer Living Well Beyond Breast Cancer (2nd Edition)	Marisa Weiss and Ellen Weiss	-	https://nlb.overdrive.com/media/480528 https://nlb.overdrive.com/media/301506
The Cancer Survivor Handbook	Beth Leibson	-	https://nlb.overdrive.com/media/1545648
The Definitive Guide to Thriving After Cancer	Lise N. Alschuler	-	https://nlb.overdrive.com/media/1282943

Caregiving**Looking after someone with cancer (cancer generic)****In it together, for partners of people with breast cancer**

Title	Author	Call Number	Overdrive
Emotional Support Through Breast Cancer	Cordelia Galgut	616.99449 POR -[HEA]	https://nlb.overdrive.com/media/6284264
Help Me Live: 20 Things People with Cancer Want You to Know	Lori Hope	-	https://nlb.overdrive.com/media/1001404
And in Health: A Guide for Couples Facing Cancer Together	Dan Shapiro	616.994 SHA -[HEA]	https://nlb.overdrive.com/media/1750827
HELP! Someone I Love Has Cancer	Joel Hughes	-	https://nlb.overdrive.com/media/4502752
Caregiver's Survival Guide	Ellie Crowe	649.8 YON -[FAM]	https://nlb.overdrive.com/media/3880000
My Parent Has Cancer and It Really Sucks	Marc Silver and Maya Silver	Young adult Lending 616.994 SIL	https://nlb.overdrive.com/media/1259191
癌症家庭照护简书. 上, 化疗	刘燕	616.99406 AZJ -[HEA]	-